

MEMBERSHIP TERMS AND CONDITIONS

- Gym membership is a one-off payment and as such cannot be cancelled once purchased. The membership is non-transferable and non-refundable.
- Sanctum Spa & Fitness Centre is for use by members only.
- Check-in must always be done upon arrival at the Club.
- If area is not supervised, do not exercise alone.
- All persons using the Fitness Centre area do so at their own risk and sole responsibility. Sanctum Club accepts no liability for injury, death or any loss associated with the use of the fitness centre facilities, eg. articles of clothing, valuables, etc.
- Do not exercise if you have consumed alcohol, drugs or medication within the last three hours. If you have consumed more than two drinks, do not exercise today.
- Any abuse of the equipment is not allowed.
- Please do not occupy any gym equipment if you are not actively using it.
- Capturing images of another person without their permission by the use of a mobile phone or any other device is prohibited.
- **Personal training can only be performed by a Sanctum fitness instructor, external or online personal training is strictly prohibited and can result in termination of membership.**
- Stop exercising if at any time you feel faint or dizzy.
- Absolutely no glass containers are allowed in the Fitness Centre area.
- All users should dress appropriately at all times. No wet bathing suits allowed in the fitness area. Shirts and athletic shoes must be worn at all times. No street or open-toe footwear, only exercise shoes.
- Smoking is not permitted in the Sanctum Spa & Fitness indoor facilities.
- We do not allow mobile phones in the spa areas, please leave them switched off in your locker.
- Whilst using the facilities all members are responsible for their own health.
- All Members will be required to complete and sign a Health & Performance Evaluation Questionnaire before they become members and use the Sanctum Spa & Fitness facilities
- All guests will be required to complete and sign a Spa Lifestyle Questionnaire upon arrival prior to a spa treatment.
- Please leave all personal belongings in lockers provided. The Sanctum Spa & Fitness at Limassol Marina is not responsible for loss or damage to a guest's personal belongings.
- You have to bring the Sanctum padlock with you when you come to exercise. Lockers are only for daily use. There is no ownership of lockers.
- A towel is provided in the Fitness area. Do not leave any items in the lockers overnight. Do not leave valuables in locker. Take your padlock from the locker with you before you leave.
- Please return your exercise towels to the main reception
- When using the Spa, Shower towels can be found in your Spa lockers, please do not take shower towels and bathrobes outside.
- Please place all used spa towels in the baskets provided.
- Please use your towel when you exercise.
- A towel should always be placed on exercise equipment.
- Please do not leave toiletries in showers or wet vanity areas.
- Please read and observe the notices displayed in the swimming pool area.
- Proper swimming attire must be worn at the swimming pool and thermal area.
- Always shower before using pool facilities and between sauna and steam rooms.
- A towel should always be placed on sauna and steam room benches between you and the bench.
- Please do NOT add oils or other products to the sauna bucket water without first speaking to a member of staff.
- Please ensure you drink plenty of fluid to re-hydrate after use of the sauna and steam rooms.
- Shaving is permitted in the male changing rooms. However, please ensure that wet vanity areas are left clean. Razors should not be placed in any of the waste bins and shaving is strictly prohibited in the saunas and steam rooms.
- No pets are allowed into the facilities.
- Please conduct all conversations at levels consistent with a relaxing Spa environment.
- Food & drink should not be brought into spa for consumption during your visit.
- Rules, regulations and facilities are subject to change without notice. Individuals not adhering to these policies may be asked to leave.
- The management of Sanctum Spa & Fitness at Limassol Marina reserves the right to CANCEL any membership in breach of rules or conduct.