

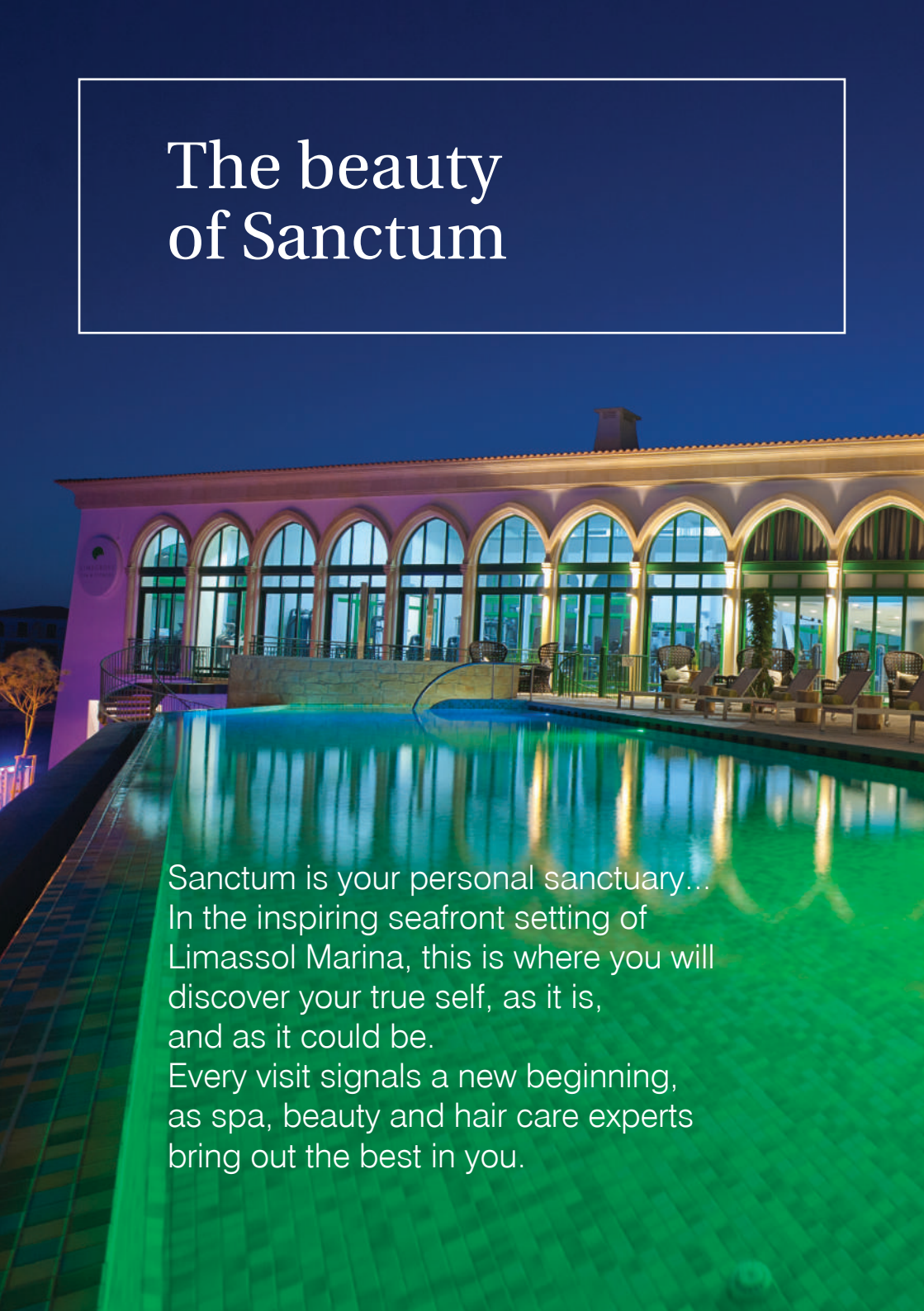


AT LIMASSOL MARINA

your space, your time

Treatment Menu

The beauty of Sanctum



Sanctum is your personal sanctuary...
In the inspiring seafront setting of
Limassol Marina, this is where you will
discover your true self, as it is,
and as it could be.
Every visit signals a new beginning,
as spa, beauty and hair care experts
bring out the best in you.

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Spa Partners

NAXOS



The Naxos Apothecary is a luxury natural fragrance and personal care brand that conveys and refines the history, culture, heritage, and endemic flora of the Aegean Island of Naxos, a fertile land with lush vegetation, great biodiversity, and unique endemic species. Combined with scientific expertise in phytotherapy, this sophisticated brand proposes personalized herbal cosmetic remedies as well as soulful, storytelling fragrances and candles.

KORRES

KORRES

Since the fourth century BC Greeks have been studying plants and producing natural clean treatments for the most common skin problems. In the oldest homeopathic pharmacy in Greece Korres was born developed by George a pharmacist and Lana a chemical engineer. Using the ancient skin-superfood like yogurt, saffron, pomegranate, rose, grape and pine. They began developing smart natural beauty products with clinical efficacy. Knowing how nature works inside as well as outside on our skin. The key to powerful results is combining the best of nature and science and using innovations inspired by Nobel Prize winning research. We are attuned with nature and need to allow natural's ingredients to support our skin's health and beauty.

AUGUSTINUS BADER



Inspired by over three decades of science and innovation, Augustinus Bader's award-winning approach to professional skincare is rooted in ground-breaking stem cell research and trusted by the world's most discerning experts. Augustinus Bader is a bespoke, science-backed treatment that combines Professor Bader's award-winning skincare technology, TFC8®, with customized fascia massage to stimulate cell rejuvenation, resulting in an immediate glow with lasting benefits.

IS CLINICAL



Contains a wide range of clinically proven botanical-based formulas using state of the art technology and pharmaceutical grade botanical ingredients. IS Clinical through their active formulation encourage the restoration of the skin through an acceleration of the natural processes of cell regeneration and exfoliation.

RITUALS

NAXOS Invigorating Detox Treatment

A detoxifying and purifying treatment designed to improve your circulation and eliminate toxins. The treatment starts with a body scrub using natural exfoliators and rich oil infused with pomelo and ginger to improve the skin's elasticity. This is followed by a cocoon wrap with the Naxian leave-on mask to hydrate and tighten the skin. Depending on your individual needs, you will complete the ritual with either a lymphatic massage or abdominal massage to activate the lymph system and remove the toxins from your body.

Key elements: body scrub, body mask, massage

Duration: 60 minutes with abdominal massage | **€120**

90 minutes with lymphatic massage | **€160**

NAXOS Herbs of the Homeland

Experience the map of Naxos on your body! A single and luxurious body treatment that offers you relaxation, hydration and calmness, all in one. Our experienced therapists will guide you in your best choice of ingredients including citrus, pears, chamomile or spearmint, all sourced from the villages of Naxos to best suit your needs. Begin your ritual journey with the full body scrub then the nourishing Alyko body mask and finally a balancing massage with the oil of your choice to enjoy the deep relaxation your body and mind.

Key elements: body scrub, body mask, full body massage

Duration: 120 minutes with signature massage | **€180**

120 minutes with deep tissue massage | **€220**

KORRES Wild Rose Silk Emotions Ritual

A trademark treatment that is synonymous with the KORRES brand's history, the Wild Rose ritual experience demonstrates significant repairing action against fine lines and pigmentation disorders. Powered by high-level vitamin Super C, linoleic and linolenic acid, which are known for their significant moisturizing, healing and softening properties, this complete body care treatment revitalizes the skin and counters the signs of fatigue. It deeply moisturizes the skin, smooths wrinkles and gives you a healthy and radiant look.

Duration: 90 minutes | **€120** • 120 minutes | **€150**

Restore & Revitalize

Relax and rejoice with this top-to-toe ritual that reconnects the body, mind and soul. This body boost includes a full-body scrub, full-body wrap, signature massage and facial. Surrender to the ultimate renewal and power of this experience as expert hands apply a sequence of techniques to nurture and heal. Face and body feel refreshed, while tired muscles are eased and energized. This is a truly all-embracing spa experience that renews your energy and resets your emotions, leaving your soul refreshed and smiling with delight.

Duration: 180 minutes | **€240**

NAXOS Naxian Breeze

This ultimate feeling of clean and fresh skin begins with a full body exfoliation using natural loofah and Koronos soap. It is followed by a full body relaxing massage with ginger and pomelo essential oils to relieve muscle tension throughout the body. To round off the journey, enjoy a complete facial treatment that leaves your skin soft, hydrated and balanced.

Key elements: body exfoliation with loofah, full body massage, facial

Duration: 90 minutes (30min mini facial) | **€180**

120 minutes (60min facial) | **€220**

FACIAL TREATMENTS

all our facial treatments start with a gentle back massage

NAXOS Naxian Beauty

Suitable for all skin types and needs, this cleansing treatment is designed to purify and balance the skin using natural exfoliators such as rice and cherry. This is followed by an energizing face massage to improve your skin tone and texture. Finally, a replenishing and rebalancing face mask thoroughly and evenly hydrates and moisturizes your whole face.

Key elements: Welcome touch, Cleanse, exfoliation, massage, Mask

Duration: 60 minutes | **€120**

NAXOS Chrono Reverse

'Chronos' is the Greek word for time, this specialized treatment can reverse the harmful effects of free radicals which contribute to premature skin aging over time. Using a blend of top-quality natural ingredients such as Naxian prickly pear extract, black tea active and goji berry, this facial can reduce the appearance of deep wrinkles, while smoothing and brightening your complexion. In combination with the hi-tech Theraface Pro using micro current, led and hot and cold therapy gently stimulates, lifts and rejuvenates the skin, giving you a beautiful and more youthful look.

Key elements: Welcome touch, Cleanse, exfoliation, massage, Mask, Theraface Pro

Duration: 90 minutes | **€170**

NAXOS Ice-eye Chamomile

Chamomile can be found everywhere in Naxos - in the mountains, in the plains and even in bundles outside many homes as it is believed to protect against negative energy. This treatment incorporates the powerful anti-inflammatory properties of Naxos chamomile to reduce puffiness and calm any irritation around the eyes. We start with a mini facial cleanse to nourish the remaining areas of face, using cooling ice components and specific massage movements to help detox, smooth and lift the eye area and tackle everyday concerns such as dark circles, puffiness, fine lines and wrinkles.

Key elements: Welcome touch, Cleanse cryotherapy, massage

Duration: 40 minutes | **€70**

KORRES Everyday Booster

Tapping into the great botanical power of fruit and plant ingredients in combination with the innovations of KORRES products, this treatment has been specifically designed to give any skin type an intensive everyday boost. The treatment is individually customized to address skin needs such as dryness, dehydration, congestion and sensitivity. Ideal for normal or combination skin, teenage skin, or for those who need a calming natural skincare regime, it increases skin hydration and elasticity, nourishes and softens, offering long-lasting moisturization and nourishment.

Duration: 55 minutes | **€90**

KORRES Black Pine Matrix Advanced

KORRES innovations and patents are combined with signature massage techniques to restore the 3D structure of your face. This treatment is designed specifically to straighten the contour and has a distinct lifting effect thanks to the innovative natural active reconstruction complex **ElastiLift-3D™**, the powerful complex **4D Bio-Shapelift™** and **Black Pine polyphenols**.

While restoring the shape of the face, the treatment's anti-wrinkle action also renews the elasticity of the skin, enhances its firmness and improves its texture.

Duration: 55 minutes | **€100** • 85 minutes | **€140**

AUGUSTINUS BADER The Method Face Therapy

The Method Face by Augustinus Bader is a one-of-a-kind, highly sophisticated skincare treatment. It was created to boost cell communication in order to support the body's innate biological wisdom to self-heal and regenerate. The method supports cell activity, which is responsible for balanced hydration, firmness, equal pigmentation, and protection of the skin, in order to fight against intrinsic and extrinsic aggressors. It refines the surface by boosting the exfoliation metabolism and sealing the skin to prevent TEWL (Transepidermal Water Loss). The combination of science-based formulas, cutting-edge technology and state-of-the-art massage techniques send an external trigger to the fascia, namely the tissue; this is where all of the cell communication processes take place. This synergy delivers highly targeted individual stimulation, triggering a sequence of highly-individualized regenerative processes. Augustinus Bader products could be thought of as a toolbox that the skin yields the most benefits from. These creations resolve all skin-related problems effectively, taking the optimal amount of time to attain the most suitable solution for individual skin needs.

Duration: 60 minutes | **€230** • 90 minutes | **€360**

IS CLINICAL Fire & Ice Facial

Experience the resurfacing and rejuvenation of the legendary Fire & Ice Facial. Designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated. Often referred to as the "Red Carpet Facial", it has been the go-to treatment of celebrities and non-celebrities alike for its effective benefits. Beginning with an intensive resurfacing masque to heat up the skin, the treatment is concluded by a rejuvenating masque to cool down. Enjoy added benefits of refined skin texture, reduction of blemishes, and improved appearance of fine lines and wrinkles - all with little to no downtime.

Duration: 30 minutes | **€80** • 60 minutes | **€120**

IS CLINICAL Exfoliating Clear Skin Facial (Deep Cleansing)

Achieve smooth, polished skin with the Exfoliating Clear Skin Facial. Gentle exfoliation combined with soothing hydration improves oily, congested, and blemish-prone skin. This advanced treatment helps to deep clean and minimize the appearance of large pores. A clarifying masque is applied to gently remove impurities, followed by extractions to further clear out any dirt or debris within the skin. A gentle mist, hydration serum, and cooling masque are massaged onto the face, neck, and décolletage for a relaxing finish. You will feel confident knowing your skin is nourished and healthy.

Duration: 90 minutes | **€120**

IS CLINICAL Harmony Facial

Awaken your senses and restore balance to the skin with the Harmony Facial. A creamy cleanser is gently massaged onto the skin, giving extra attention to relax stress areas. Then a rejuvenating masque is applied giving the skin a luxurious, cooling sensation. Great for sensitive skin types, The Harmony Facial brings vibrant energy, circulation, and a healthy glow to fatigued skin. In 60 minutes include Jeet peel for lymphatic drainage massage for clarity, refreshing, plumping complex

Duration: 30 minutes | **€70** • 60 minutes | **€100**

IS CLINICAL Foaming Enzyme Facial

Enjoy the powerful, yet soothing Foaming Enzyme Treatment Facial that features active foaming agents for light and effective exfoliation. This professional treatment combines papaya and pineapple enzymes with a potent, botanically derived Glycolic Acid to reveal a polished, more radiant complexion. The foaming masque is lightly massaged onto the skin while steam helps it to diffuse further. Extractions may be performed to remove impurities. A light mist and hydrating serum are applied, followed by an intensive cooling masque. Good for all skin types, the Foaming Enzyme Treatment Facial will leave your skin clear and glowing.

Duration: 30 minutes | **€70** • 60 minutes | **€120**

IS CLINICAL Honey Enzyme Facial

Revitalize your complexion with the Honey Enzyme Facial. This luxurious, exfoliating, and hydrating facial enhances skin with lifting massage and soothing hydration. Enjoy the warming sensation of the honey cleanser as you receive a lymphatic drainage massage. An exfoliating masque is applied in a circular motion to boost circulation and gently resurface the skin. The Honey Enzyme Facial is completed with a deeply hydrating masque to nourish the skin and leave it feeling rejuvenated. Effective for all skin types, you will enjoy a dramatically smoother, brighter complexion with a noticeable glow.

Duration: 30 minutes | **€70** • 60 minutes | **€100**

ADD ON TREATMENTS

IS CLINICAL Eye Bright Treatment

Upgrade any facial with this treatment to address and treat fine lines, wrinkles, dark circles and puffiness.

Duration: 15 minutes | **€30**

IS CLINICAL Fire & Ice Hands Resurfacing Peel

Upgrade any facial with this treatment to address and treat of refined skin texture, reduction of blemishes, and improved appearance of fine lines and wrinkles

Duration: 15 minutes | **€30**

BODY TREATMENTS

NAXOS Citrus Tree Body Polish

This effective full body exfoliation leaves the skin soft, smooth and polished. The revitalizing body scrub employs a blend of natural exfoliators like olive stone, jojoba, bamboo and citrus essential oils to eliminate impurities and dead skin cells. We complete the treatment with a soothing and hydrating application of Chalki body balm that carries fragrances from every corner of Naxos, such as lemon, mandarin and orange that make your skin soft and smooth.

Key elements: body scrub, application of body balm

Duration: 40 minutes | **€70**

NAXOS Sea Foam Body

Feel the freshness of the Aegean Sea on your skin. Using natural loofah and Alyko soap we exfoliate and massage your body with a rich foam containing elements of sea foam, fig leaf and thyme. An application of Alyko body balm to nourish and hydrate your skin completes the treatment.

Key elements: body exfoliation with loofah, massage movements, application of body balm

Duration: 60 minutes | **€120**

NAXOS Naxos Body Anagenesis

'Anagenesis' is the Greek word for renewal and complete rebirth. Experience the ultimate full body anagenesis that starts with our ClimaShield body scrub using natural exfoliators to clean and soothe the skin. The scrub is followed by a cocoon wrap with a body mask enriched with Naxos prickly pear extract for maximum hydration and softness. Both the scrub and wrap are rich in antioxidants and will be customized with additional products to match your individual needs.

Key elements: body scrub, body mask, scalp massage, application of body balm

Duration: 60 minutes | **€120**

Sanctum Detox Massage

Our effective slimming support starts with a Detox Scrub to remove dead skin cells, release cellulite and relieve fluid retention. This is followed by a Body Mask with highly diuretic, detoxifying and lymph-stimulating properties. Using special cellulite Thera Cup massage suction, heat, and vibration technologies together to create a digitized cupping experience that targets localized problematic areas. At the end of the treatment your entire body feels refreshed, free from all toxins, and light as a butterfly.

Duration: 100 minutes | **€160**

Anti-cellulite Theracup Massage

The anti-cellulite Thera Cup massage is a specialised massage designed specifically to target and reduce cellulite in specific areas. Using suction, heat, and vibration technologies together to create a digitized cupping experience that targets localized problematic areas. Our Signature lime and ginger detox oil blend assists with the breakdown of cellulite and lymph stimulation during this specialized technique. Leaving the skin smoother and stimulating your body's natural detoxification processes.

Duration: 40 minutes

1 session | **€75**

5 sessions | **€290** (€58 per session)

AUGUSTINUS BADER The Method Body Therapy

The Method Body by Augustinus Bader, boosts and loosens the bonds of the fascia and with the support of the unique TFC8® of The Body Oil, the treatment offers an ongoing and sustainable process in regard to rejuvenation, with a continuous improvement of skin elasticity, reduces the appearance of cellulite and the stretch marks. The Fascia is a band or sheet of connective tissue, primarily collagen, beneath the skin that attaches and stabilizes. The method of fascia offers skin tightening and fights impressively against saggy and loose skin. The treatment protocol is completed with the use of The Body Cream or The Body Lotion according to needs for maximum results *Include Therabody

Duration: 30 minutes | **€100** • 60 minutes | **€190** • 90 minutes | **€230**

“With The Method: Augustinus Bader, which is now being offered in selected locations worldwide by trained professionals, we aim to activate the tissue from the outside. A specially developed fascial massage, as part of the treatment protocol, contributes to this. In this way we complement the mode of action of our TFC8®, to support the communication of the cells as best as possible, to constantly regenerate according to the innate ability of the body.” *Professor Augustinus Bader*

MASSAGE TREATMENTS

NAXOS Discover Your Path

The mind and the body are inseparable and must be treated as a whole.

Portara, the gate of the unfinished temple of Apollon in Naxos, symbolizes the transition to something positive. Similarly, this full body holistic massage is a first step that will help you find the path to your personal temple, by unblocking and balancing the energy of your body through specialized movements and techniques derived from various world philosophies.

The massage technique is designed to connect the seven main parts of the body to achieve absolute clarity. In Ancient Greece, the number seven was the symbol of perfection and harmony. The aromatic oils and ingredients of Naxos enhance the massage by soothing your mind and recharging your body.

Duration: 85 minutes | **€120**

NAXOS Scents of Sanctum

Balance is the key to both mental and physical wellness.

Feel the Mediterranean breeze... smell the variety of aromas in our oils... and allow your mind to travel to Naxos island. This full body aromatherapy massage employs rhythmic circular movements that promote the alignment of body and mind, to help you achieve physical and emotional wellness. Relax your body, breathe deeply, smell our Naxian aromatic oils, and let your body guide and tell you what it needs the most.

Duration: 60 minutes | **€90**

Melt Away Candle Signature Massage

Give in to the flowing strokes of this warming and nourishing candle massage. Subtly scented oils were selected for their particular qualities and ability to relax the muscles and relieve tension, leaving your skin smooth and fragrant.

Duration: 55 minutes | **€90**

Therapeutic Massage

Especially recommended for anyone suffering from aches, pains and stiffness, this full-body massage will ease tense muscles and bring harmony to body and mind.

Duration: 55 minutes | **€90** • 70 minutes | **€110**

Mum's the Word Massage

This nurturing and rhythmic pregnancy massage addresses mind and body to promote balance and wellness for both mother and baby. It enhances the function of muscles and joints, improves circulation and general body tone, and relieves mental and physical fatigue.

Duration: 55 minutes | **€90**

Sports Massage

This massage is designed to enhance athletic performance and recovery depending on your individual needs. In particular, it improves muscle flexibility and blood circulation, reduces swelling, repairs minor sports damages and injuries, and relieves muscle spasms. Athletes will notice increased ease and efficiency of movement, greater awareness of the mind-body connection and improved mental alertness in general.

Duration: 70 minutes | **€100**

Lymphatic Drainage Massage

In this gentle, light massage, controlled pressure and rhythmic circular movements are used to stimulate lymph flow and encourage the natural drainage of the lymph system. It is recommended for detoxification, to reduce water retention and cellulite, as well as before and after plastic surgery.

Duration: 70 minutes | **€90**

Deep Tissue Massage

Recharge your body and kick-start your circulation with this deep tissue massage. The powerful detoxifying essential oils will help relieve muscle tension in specific areas of the body, either to release lactic acid build-up and muscle stiffness due to over-exertion in the gym, or to reduce fluid retention and improve poor circulation associated with cellulite conditions. It's an effective way to recondition your skin tone and feel free from aches and pains.

Duration: 70 minutes | **€100**

Back Massage

Ideal for those who require focused attention on the back, this massage is designed to release tension in the back, shoulders and neck. Using a fusion of different techniques, your therapist will customize the strokes to ensure that you leave feeling supple and relaxed.

Duration: 25 minutes | **€55**



Secrets of the East

Calling upon ancient traditions and techniques with their origins in the East, each treatment is designed to restore your natural state of equilibrium and take you on an exotic journey to Japan, India, China, Hawaii or Thailand.

Shiatsu Massage

Shiatsu is an ancient Japanese healing art. By using touch, comfortable pressure and manipulative techniques, it releases tension and improves blood circulation to restore the body's healthy state of equilibrium.

Duration: 70 minutes | **€100**

Reiki

Reiki is a Japanese word meaning Universal Life Energy - the energy that is all around us - and the Reiki-Seichim practitioner is a channel for this energy. This treatment is recommended for anyone who feels out of tune with their own body or emotions. It accelerates the body's natural ability to heal itself and opens the mind and spirit to the joys of balanced wellness.

Duration: 55 minutes | **€90**

Reflexology

Using ancient Chinese techniques, reflexology works on the principle that all our organs are represented in the feet. By working on these points with acupressure, the therapist can help rebalance your system and achieve harmony of body and mind.

Duration: 55 minutes | **€80**

Thai Massage

Performed on the floor using unique stretching techniques, this massage releases blockages and increases your energy and flexibility while inducing peace of mind.

Duration: 70 minutes | **€100**

Royal Thai Massage

Using a combination of pressure points, stretching, and a warm blend of essential oils, this massage will alleviate pain and simultaneously invigorate the body and muscles while boosting the body's energy level.

Duration: 70 minutes | **€100**

Thai Foot Massage

The Thai foot massage is part of the traditional Thai massage. It incorporates elements of both Chinese and reflexology massage. It improves flexibility and stimulates blood circulation and lymphatic drainage, thereby rebalancing body, mind and spirit.

Duration: 55 minutes | **€80**

Pizhichil, full body massage

This is a gentle and synchronized full body massage, using a continuous flow of a warm blend of essential oils. Pizhichil is a highly rejuvenating treatment that improves muscle tone and retunes the entire nervous system. It protects the body from illnesses and boosts immunity for a healthy life.

Duration: 55 minutes | **€80**

Indian Head Massage

Focusing on tension primarily to the back, neck, shoulders and head, this ancient massage is inspired from Eastern traditions and rituals, designed to relieve deep seated stress by combining specially blended massage oils, chosen to suit the individual needs of the client. An exotic mix of warmth, textures & aroma tempt the body into blissful relaxation.

Duration: 40 minutes | **€60**

Karnadoopanam

This Ayurvedic process uses herbal oil and ear candling to eliminate various ear problems. In a relaxing and non-invasive procedure, long cones are inserted into the ears and lit. The process will gently remove excess wax and toxins that have accumulated inside the ears. The process combines Marma points for deep healing which relates to the meridians and other parts of the body.

Duration: 25 minutes | **€60**

Shirodhara

Shirodhara is a Sanskrit word combining two words, “shiro” meaning head and “dhara” meaning flow. Using warm oil that is poured over the forehead, this relaxing treatment stimulates the third eye in order to clean your mind, invigorate the senses, and relieve headaches and insomnia. At the same time, it nourishes the scalp and hair.

Duration: 40 minutes | **€70**

Hands & Feet

FOOT TREATMENTS

Spa Pedicure

A full pedicure treatment to soothe your tired feet, including exfoliation, foot mask and a relaxing foot massage, followed by an application of nail varnish of your choice.

Duration: 70 minutes | **€50**

plus Shellac Polish | **€10**

HAND TREATMENTS

Spa Manicure

A full manicure treatment including exfoliation, nourishing hand mask and a soothing hand massage, followed by an application of nail varnish of your choice.

Duration: 55 minutes | **€45**

plus Shellac Polish | **€10**

Simple manicure

Duration: 45 minutes | **€35**

Simple pedicure

Duration: 60 minutes | **€40**

Polish Gel manicure

Duration: 75 minutes | **€55**

Shellac pedicure

Duration: 60 minutes | **€50**

Hair

CUTTING & STYLING

Hair Cut

Ladies	€30
Men	€25
Junior	€20
Beard Trim	€10
Men's Cut & Beard Trim Combo	€30
Women's Cut & Blow Dry Combo	€50

Styling

Blow Dry	€30
Hair Up Do	€40
Braids	€15

TREATMENTS

Instant Treatment	€20
Nourishing Treatment	€30
Olaplex Stand Alone Treatment	€45
Tailoring Treatment	€20

Keratin Treatment

Keartin Treatment - Short Hair	€180
Keratin Treatment - Long Hair	€220

COLOUR SERVICES

Highlights

Balayage	from	€200
Highlights - Half Head	from	€130
Highlights - Full Head	from	€180

Colouring

Regrowth	€50
Regrowth and Ends Combo	€65
Men's Colour	€20
Shine Toner	€35
Decolorization	€60
Olaplex Colour Treatment	€20

Make-up

Daytime make-up

Duration: 60 minutes | €50

Evening make-up

Duration: 65 minutes | €60

Laser Hair Removal

women	x1	x4	x6
Forehead	25	80	105
Eyebrows	25	80	105
Side burns	25	80	105
Upper Lip	20	64	84
Chin	30	96	126
Full Face	65	208	273
Neck	25	80	105
Back Neck	25	80	105
Under Arms	30	96	126
Nipples	20	64	84
Half Stomach	40	128	168
Full Stomach	60	192	252
Half Arms	60	192	252
Full Arms	85	272	357
Half Back	65	208	273
Bikini Line	45	144	189
Full-Bikini	65	208	273
Buttocks	45	144	189
Legs - Top Half	75	240	315
Legs - Bottom half	65	208	273
Full Legs	120	384	504
Full Body	290	928	1218
Full Bikini - Underarm	80	256	336
Full Bikini - Bottom half	115	368	483
Full Leg - Full Bikini	120	384	504
Full legs -Full Bikini - Underarm	145	384	609

men	x1	x4	x6
Between Eyebrows	25	80	105
Cheekbones	25	80	105
Neck	25	80	105
Back Neck	25	80	105
Under Arms	45	144	189
Chest	95	304	399
Stomach	65	208	273
Shoulders	45	144	189
Back	125	400	525
Half Arms	65	208	273
Full Arms	105	336	441
Half Legs	105	336	441
Full Legs	175	560	735
Full Body	380	1216	1596

SANCTUMEDI

JetPeel-Mini
Just Jet it!

Healthy Aging treatment

Based on the latest in anti-ageing treatments, this special formulation balances four types of Hyaluronic Acid with different formulas and molecular weight. The water retaining power of the Hyaluronic Acid reduces water evaporation from the skin, thereby enhancing hydration, which in turn improves skin tone and texture.

Duration: 55 minutes

single treatment | **€120** - package of 6 treatments | **€600**

Whitening treatment

This whitening treatment combines the qualities of a special blend of different ingredients. Together they act as a color pigment inhibitor while effectively removing sun spots and age spots. The result is a brighter and more uniform skin tone.

Duration: 55 minutes

single treatment | **€120** - package of 6 treatments | **€600**

VIP Healthy Aging power treatment

Utilizing a newly introduced Double Vial Handpiece (DVH), the unique compositions contained in two single 4ml vials are infused simultaneously to stimulate the skin and activate the micro-circulation that triggers cell reproduction. This is a most promising application for the fastest and longest lasting anti-ageing results achieved using the Jet Technology.

Duration: 55 minutes

package of 5 treatments | **€780**



Packages & Group Spa Events

SANCTUM Experience Day Package | €160

- A nutritious lunch or dinner from our Health Bar
- Use of the gym with an induction programme
- Use of Sauna & Steam Room
- A choice of one of the following Spa treatments
 - KORRES Everyday Booster Facial or
 - NAXOS Scents of Sanctum (55 minutes)
- A choice of one of the following Hair Salon treatments
 - Ladies Blow-dry
 - Men's Haircut
- A choice of one of the following Nail Lounge Treatments
 - Simple Manicure
 - Simple Pedicure

Pre-Wedding Glow Package | €280 | Duration: 180 minutes

Achieve your bridal radiance with our Pre-Wedding Glow package. A full body massage, luxurious body scrub and mask, soothing scalp massage, hydrating body balm, and a tailored premium facial. This revitalizing experience, refresh and rejuvenate your skin, ensuring you radiate confidence on your special day.

Group Spa Events

Do you have a special occasion coming up?

Whatever the event, Sanctum Spa can customize packages and coordinate group functions for both intimate gatherings as well as large groups.

Begin your spa experience early by allowing us to take care of all your pre-planning details!

Visit us at Limassol Marina or online to find out more about all our services.

And there's so much more...

Sanctum's unique, holistic and personalized approach offers you the combined and balanced benefits of spa treatments and rituals, physical fitness, beauty and nutrition. Explore every aspect of our complete philosophy, and become a member of the Sanctum community!

Sanctum Fitness Club

- State-of-the-art gym with sea view terrace, fully equipped with Technogym equipment for cardiovascular exercise and muscular strength
- Group fitness
- One-on-one personal training
- 20m outdoor pool with sunbathing deck and showers
- Sauna and steam room
- Changing rooms, showers and lockers

Health Bar

- Health bar indoors and outdoors by the pool
- Freshly squeezed juices, smoothies, protein shakes, teas and coffees.

For Corporate Clients

Improve the health and productivity of your team with Sanctum corporate packages:

- Discounted group membership rates
- Gift vouchers and day packages for staff, associates and clients
- Corporate membership add-ons for spa treatments, personal training sessions and hair & beauty services

Sanctum Spa & Fitness Etiquette

For the comfort, safety and undisturbed relaxation of all our guests, please respect the following guidelines at all times:

General guidelines

- Sanctum Spa & Fitness facilities are open to persons aged 16 and over.
- Upon arrival and prior to using the facilities, all guests will be required to complete and sign a health & lifestyle questionnaire.
- Sanctum Spa & Fitness and its environs are strictly NO SMOKING areas.
- To maximize the benefits of your Sanctum experience, mobile phones are not allowed in the spa areas. Please leave them switched off in your locker.
- Please leave all valuables in your locker. Sanctum Spa & Fitness is not liable for loss of or damage to a guest's personal belongings.
- Please conduct all conversations at levels consistent with a relaxing spa environment.
- Shower towels and bathrobes are placed in your lockers. Please do not take shower towels and bathrobes outside.
- Always shower before using pool facilities and between sauna and steam rooms. Robe and slippers should be worn in all spa areas.
- Swimwear is compulsory in the steam, sauna and pool areas.
- A towel should always be placed on sauna and steam room benches between your body and the bench.
- In the gym and fitness area, comfortable sportswear is recommended and appropriate footwear is required.
- Please do not leave toiletries in showers or wet vanity areas.
- Shaving is permitted in the men's changing rooms. However, please ensure that wet vanity areas are left clean. Shaving in the saunas and steam rooms is strictly forbidden. Please do not use the waste bins for the disposal of razors.

- Please do not add oils or other products to the sauna bucket water without first speaking to a member of staff.
- Ensure that you drink plenty of fluids to re-hydrate after using the sauna and steam rooms.
- Please place all used towels in the baskets provided.
- Food & beverages are not permitted in the spa & fitness areas for consumption during your visit. Refreshments are available from the health bar.
- If you have a gift voucher, please remember to bring this with you and hand it to our reception staff upon arrival.
- All facilities are subject to availability.

If you have booked a spa treatment

- Please arrive in good time to enjoy the facilities and ensure that you are ready to be escorted by your therapist at the allocated time. **LATE ARRIVAL WILL RESULT IN A SHORTENED OR AMENDED TREATMENT BEING OFFERED WITHOUT REFUND.**
- Underwear or suitable swimwear should be worn in the treatment room and during treatments. For some treatments your therapist will provide disposable undergarments, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are uncomfortable, too warm or too cold, or if her pressure is too light

or too firm. Your comfort and care are our greatest concern and priority.

- If you have a particular injury or physical condition, please advise your therapist. Appropriate adjustments to the treatment will be made for your comfort and enhanced benefit.
- There is no pressure to talk during a treatment. If you have any questions or would like to talk, feel free to do so. If you prefer silence, that is entirely up to you. Our therapists will take their cue from you.

We hope you will enjoy this interlude of pampering and relaxation. Your comments are always welcome.

Spa Tours

Spa Tours are by appointment only and can be conducted outside of the spa's operating hours.

Cancellation Policy

Please note that 24 hours' cancellation notice is required for all bookings and services, otherwise 50% of the total treatment price will be charged. Credit card details may be required in order to confirm a booking.

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